

Compliments of THE EASTMAN HOTEL AND BATH HOUSE (See pp. 34, 35)

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America's
Greatest
Health and
Pleasure
Resort

60th Edition

Published by Chas. Cutter & Son



The
Health
Resort with
a National
Backing



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Compliments of THE EASTMAN HOTEL AND BATH HOUSE (See pp. 34, 35)

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CUTTER'S OFFICIAL GUIDE TO HOT SPRINGS, ARKANSAS

Published by Chas. Cutter & Son

America's
Greatest
Health and
Pleasure
Resort

60th Edition
1915 Edition



The
Health
Resort with
a National
Backing



BUY IT NOW

A New Model Typewriter!

Yes, the crowning typewriter triumph is here!

It is just out and comes years before experts expected it. For makers have striven a life-time to attain this ideal machine. And Oliver has won again, as we scored when we gave the world its first visible writing.

There is truly no other typewriter on earth like this new Oliver "9." Think of touch so light that the tread of a kitten will run the keys!



Caution The new-day advances that come alone on this machine are all controlled by Oliver. Even our own previous models—famous in their day—never had the Optional Duplex Shift.

It puts the whole control of 84 letters and characters in the little fingers of the right and left hands. And it lets you write them all with only 28 keys, the least to operate of any standard typewriter made.

Thus writers of all other machines can immediately run the Oliver Number "9" with more speed and greater ease.

Warning This brilliant new Oliver comes at the old-time price. It costs no more than lesser makes—now out-of-date when compared with this discovery.

For while the Oliver's splendid new features are costly—we have equalized the added expense to us by simplifying construction.

Resolve right now to see this great achievement before you spend a dollar for any typewriter. If you are using some other make you will want to see how much more this one does.

If you are using an Oliver, it naturally follows that you want the finest model.

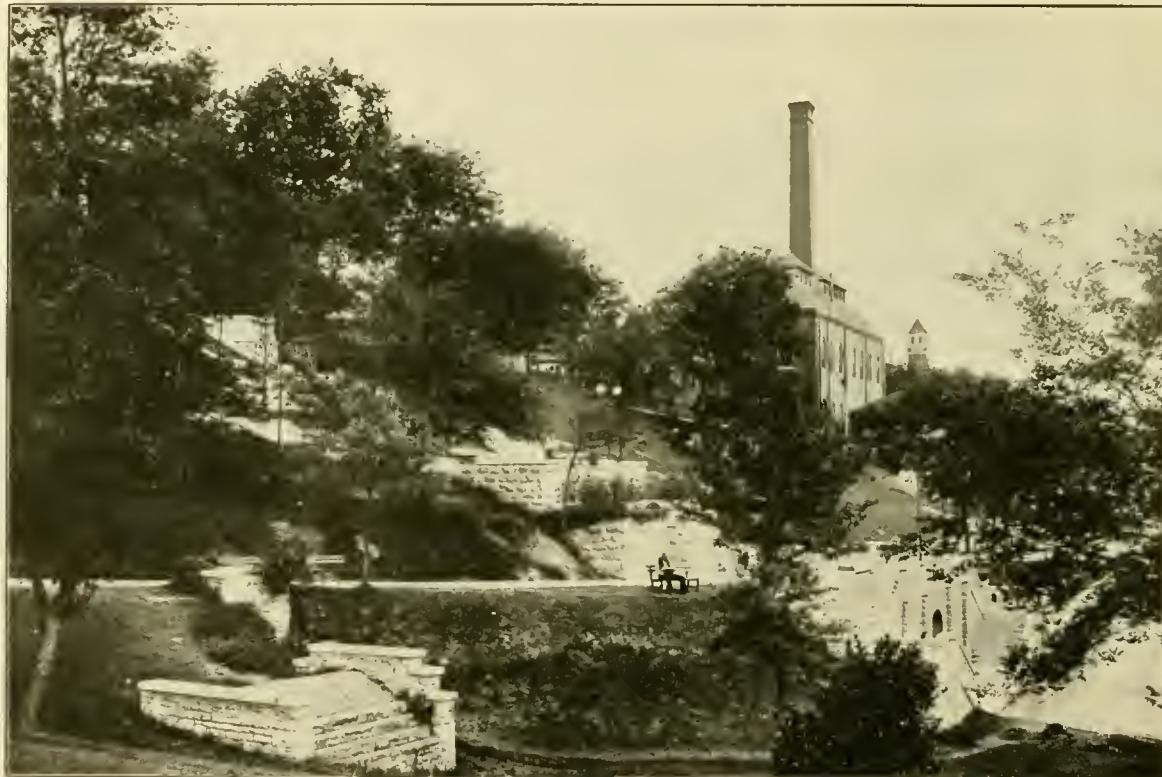
17 Cents a Day Remember this brand-new Oliver "9" is the greatest value ever given in a typewriter. It has all our previous special inventions—visible writing, automatic spacer, $6\frac{1}{2}$ -ounce touch—plus the Optional Duplex Shift, Selective Color Attachment and all these other new-day features.

Yet we have decided to sell it to everyone everywhere on our famous payment plan—17 cents a day! Now every user can easily afford to have the world's crack visible writer, with the famous PRIN-TYPE, that writes like print, included FREE if desired.

Today—Write for Full Details and be among the first to know about this marvel of writing machines. See why typists, employers, and individuals everywhere are flocking to the Oliver. Just mail postal at once. No obligation. It's a pleasure for us to tell you about it.

You Can Rent an Oliver Typewriter Three Months for Four Dollars.

THE OLIVER TYPEWRITER CO., Oliver Typewriter Bldg., CHICAGO



Grounds and Part of Entrance to U. S. Government Reservation.

"SEE AMERICA FIRST"

CUTTER'S OFFICIAL GUIDE TO HOT SPRINGS

America's Greatest Health and Pleasure Resort

Owned and Operated by the United States Government.

"The Health Resort with a National Backing."

Published by Chas. Cutter & Son.

Edited and Compiled by John Milton Cutter.

Early History

DESOTO and his army, or exploring party, were the first white men to visit these Hot Springs. History faintly refers to their sojourn here in the winter of 1541-42. A French history, from which Judge U. M. Rose, of Little Rock, kindly furnished the writer with a translation for publication in his first work on Hot Springs (1874), stated the fact that DeSoto and his men spent the winter of 1541-42 at Hot Lakes. As there are no hot lakes in this part of America, and no other hot springs, it is readily conceded that this is the place referred to. Another good reason for this conclusion is because DeSoto died within about two hundred miles of Hot Springs, near a point where the line dividing the States of Arkansas and Louisiana crosses the Mississippi River. This was on May 21, 1542, only a few weeks after leaving Hot Springs.

Soon after the Louisiana Purchase by President Thomas Jefferson, in 1804, he sent the exploring party of Hunter and Dunbar to the Hot Springs for the purpose of making an examination of the hot waters and the surrounding country. The only improvements they found were split board huts and a log cabin which had been built by French trappers in the fall of 1800. They took the temperature of the hot springs and examined the surrounding mountains and cold mineral springs.

U. S. Government Control

THE United States Government made a reservation of the springs and surrounding country and took possession of them in 1832, setting them apart as a "National Park and Sanitarium for all time."

The bath houses pay a license to the Government for the use of the water, and all the revenue derived from this source and from other rentals is spent in improving the reservation. An elaborate system of parks has been laid out, on the mountains and in the valleys; fifteen miles of beautiful mountain drives and foot-paths have been constructed, marble hot water drinking fountains have been erected, flowers and shrubbery have been planted, and all for the free enjoyment and benefit of the people of the whole country. Over a half million dollars have been spent by the Government in this manner.

Hot Springs is the seat of the general hospital of the Army and Navy, where the Government sends those of both branches of the service too sick for treatment at its ordinary hospitals. Additional quarters were provided, and a large new building constructed this year to meet the increased demands for the accommodation of soldiers needing treatment. A new free bath house is contemplated in the near future, and other extensive improvements, larger and more beautiful than any that have been made.

The Hot Springs

HERE are forty-six hot springs with an average temperature of 135° Fahrenheit, the hottest being 157°. They discharge about 800,000 gallons per day, and are all located on the U. S. Government Reservation.

The Character and Action of the Waters

The source of the heat is believed to be great masses of igneous rock intruded in the earth's crust by volcanic agencies. Deep-seated waters converted into vapors by contact with this heated mass probably ascend through fissures toward the surface where they meet cold springs, which are heated by the vapors.

The waters are radio-active in a marked degree, and to the presence of this rare element in gaseous form is now generally attributed their salutary effects. The baths create a reaction accompanied by an elevation of body temperature, accelerated heart action with diminished blood pressure in the arteries, and a stimulation of the nutritive changes in the tissue cells, especially those composing the organs of elimination and those concerned in the formation of the blood.

The hot waters may reasonably be expected to give relief in the following conditions: In gout or rheumatism after the acute or inflammatory stage; in neuralgia when dependent upon gout, rheumatism, malaria, or metallic poisoning; in the early stages of chronic Bright's disease; in catarhal conditions of the gall bladder; in certain forms of disease of the pelvic organs, and in sterility in women; in chronic malaria, alcoholism, and drug addictions; in many chronic skin diseases; in some forms of anemia; in syphilis; in gonorrhreal rheumatism; in toxemias and conditions of defective elimination; and in some forms of cardiovascular disease with increased tension in the blood vessels.

The baths are contraindicated in tuberculosis of the throat and lungs and in all forms of cancer.

Government Analysis of the Water

The United States Government made an analysis of the forty-four hot springs in the year 1903. They were all very nearly alike, and below is shown that of the Big Iron Spring, the largest of the group.

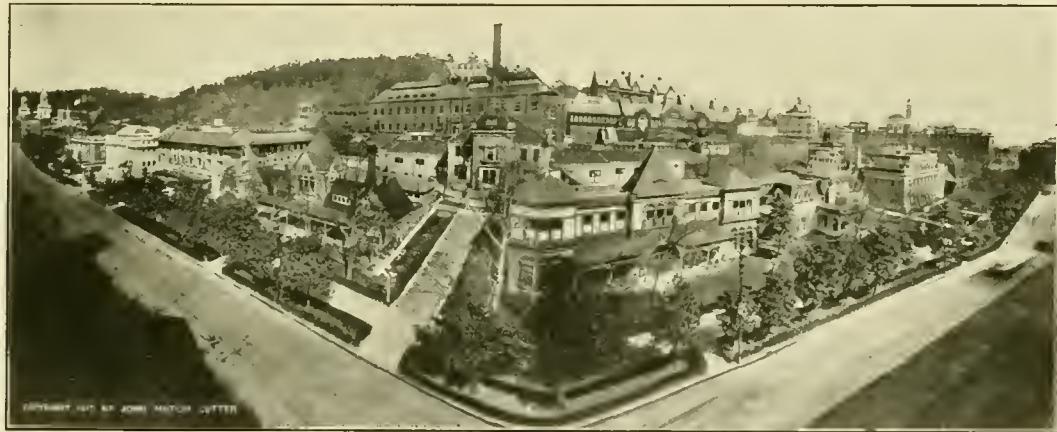
Temperature, 147°; daily flow,—201,600 gallons.

Gases (number of cubic centimeters per liter at 0 degree C. 760 mm. pressure).—Nitrogen, 8.80; oxygen, 3.79; carbon dioxide (free), 6.92; in combination, 30.02; hydrogen sulphide, none.

FORMULA AND NAME	Parts per Million	Per Cent of Total in Organic Material in Solution	Amount of Water Used for Each Determination, °C.
SiO ₂ (Silica)	45.59	16.00	10,000
SO ₄ (sulphuric acid radicle)	7.84	2.75	4,000
HCO ₃ (bicarbonic acid radicle)	168.10	59.02	100
NO ₃ (Nitric acid radicle)44	.16	100
NO ₂ (nitrous acid radicle)0016	...	100
PO ₄ (phosphoric acid radicle)05	.02	8,000
AsO ₄ (arsenic acid radicle)	None	...	5,000
BO ₂ (metaboric acid radicle)	1.29	.45	6,750
Cl (chlorine)	2.53	.89	700
Br (bromine)	Trace	...	8,000
I (iodine)	Trace	...	8,000
Fl (fluorine)	None	...	15,000
Fe (iron and aluminum)19	.07	8,000
Al (aluminum)34	.12	4,000
Mn (manganese)	Trace	...	15,000
Ba (barium)	Trace	...	6,000
Sr (strontium)	Trace	...	4,000
Ca (calcium)	46.93	16.48	4,000
Mg (magnesium)	5.10	1.79	4,000
K (potassium)	1.60	.56	4,000
Na (sodium)	4.76	1.67	4,000
L (lithium)	Trace	...	4,000
Total	284.8016	100.00
Total solids	198.50	200
Aluminoid ammonia035	500
Oxygen required55	200

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"Uncle Sam's" Five-Million-Dollar "Bath House Row" and U. S. Army and Navy Hospital.

The Bath Houses

HERE are nineteen pay bath houses operated under rules and regulations approved by the Secretary of the Interior. Ten are on the reservation at the base of Hot Springs Mountain, constituting what is known as "Bath House Row," and nine are located at various points in the city. Eight are in connection with hotels, hospitals, or sanitoria. The water is the same in all, but the prices charged for the baths vary in the different houses in accordance with the equipments and accommodations furnished. The rates are fixed in each instance by the Secretary of the Interior.

Frequent and regular inspections of the various bath houses, together with a close watch at all times over them, have resulted in giving the public a scientific administration of the waters and wholesome, sanitary and hygienic conditions.

*Table of Maximum Rates for Single Baths and Course of 21 Baths,
Exclusive of Attendants' Fees*

Bath House	Single Bath	Course of 21 Baths	Bath House	Single Bath	Course of 21 Baths
Alhambra.....	\$0.40	\$ 7.00	Maurice.....	\$0.60	\$11.00
Arlington.....	.65	12.00	Moody.....	.50	9.00
Buckstaff.....	.60	11.00	Ozark.....	.40	7.00
Pythian (colored)	.25	4.00	Ozark Sanitorium	.45	8.00
Eastman.....	.55	10.00	Fordyce.....	.65	12.00
Hale.....	.50	9.00	Rector.....	.45	8.00
Imperial.....	.55	10.00	Rockafellow.....	.45	8.00
Lamar.....	.45	8.00	St. Joseph's		
Magnesia.....	.40	7.00	Infirmary.....	.50	9.00
Majestic.....	.55	10.00	Superior.....	.45	8.00

The attendant's fee charged in all bath houses is \$3 for the course of 21 baths, or 15 cents for single baths.

World's Greatest Health Sanitarium

HOT SPRINGS has long been recognized as *America's greatest health resort*, while as a pleasure resort it has much to recommend it.

As a health sanitarium the "Arkansas Hot Springs" rank with the most noted resorts of European countries.

The United States Government's recognition of the virtues of the WONDERFUL RADIO-ACTIVE HOT WATERS, and the ever-increasing stream of health seekers proclaim the greatness of its *health-giving baths*.

The topography of Hot Springs is very similar to that of Carlsbad, Germany, while the pine-clad foot-hills of the Ozarks afford both healthful exercise and inspiring scenery. The Government has converted the hills into parks with model roads and foot-paths, and will in the near future further beautify the Reservation.

During the past two years there have been erected six bathing establishments that will take rank with the finest and most modern in the world, and Hot Springs can boast of some of the most modern and commodious hotels in America. The Sisters of Mercy conduct the St. Joseph Infirmary here, while the I. O. B. B. Society have erected a Leo N. Levi Memorial Hospital.

This city offers every advantage, both as to climate and curative waters, for the erection of sanatorium on the most colossal scale, and as this publication goes to press, such a sanatorium is about to be realized through the efforts of Dr. E. F. Winegar, of this city, and Eastern capitalists. Options have been secured on several blocks of ground in the center of the city facing Central Avenue, Prospect, Ouachita, Market Street and Quapaw Avenue. The value of the land alone amounts to over two million dollars, and the total investment, including all buildings, will, it is stated, exceed ten million dollars, making it the most complete sanatorium in the world. With the completion of such an institution, Hot Springs will take the place that Nature intended for it when it created the *world-famous Radio-Active Hot Waters* that Hot Springs is so richly endowed with. The World's Greatest Health Sanatorium is a natural result of such a blessing, only too long delayed in receiving proper recognition.

Registered Physicians

THE only registered physicians who are allowed to prescribe the waters of the hot springs are those licensed practitioners of the State of Arkansas who have been examined by a Federal board of medical examiners appointed by the Secretary of the Interior. Visitors are warned that physicians who have not passed the Federal board and been registered in the superintendent's office, are not permitted to make use of the baths in the treatment of their patients. This rule is for the protection of visitors who, if they desire the baths, should, before employing a physician, procure from the Superintendent of the Reservation a list of the qualified practitioners.

While the baths may be taken without the advice of a physician by procuring a permit at the various bath houses, this practise is not recommended. Patients who assume to determine the nature of their ailments, and to prescribe for themselves, often fail to obtain the desired relief. The waters are not beneficial in all diseases and in some are harmful. It is a useless expenditure of time and money to take the baths for a disease that will not be benefited by them and such procedure can result only in delaying proper treatment.

Physicians' office fees are from \$25 a month up, according to the treatment required: physical examination and bathing directions, only \$5.

Visitors are advised for their own protection that soliciting for hotels, boarding-houses, or doctors on the trains running into Hot Springs is in violation of law, and are warned against heeding the advice of irresponsible and unknown persons.

In the interest of the public it has been found necessary to prohibit the bathing of anyone stopping at a hotel or boarding-house in which the solicitation of patronage for doctors is allowed.

A Partial List of Registered Physicians

The following is a partial list of the resident physicians who are registered at the U. S. Superintendent's Office and duly authorized by the U. S. Government to prescribe the Hot Springs baths. The complete list can be obtained at the Superintendent's Office or at the various bath houses.

Barry, L. H.	108 Bath St.	Holland, E. D.	Dugan-Stuart Bldg.
Barry, Wm. H.	108 Bath St.	Jelks, F. W.	Dugan-Stuart Bldg.
Berrow, A. W. (D. O.)	Sumpter-Little Bldg.	Jelks, J. T.	Dugan-Stuart Bldg.
Biggs, O. E.	364 Central Ave.	Livingston, J. J.	702½ Central Ave.
Breedlove, B. W.	Ark. Nat. Bank Bldg.	Martin, E. H.	Dugan-Stuart Bldg.
Choate, W. G.	Kempner Bldg.	McClendon, J. W.	Thompson Bldg.
Collings, S. P.	Dugan-Stuart Bldg.	McLain, Walter.	716½ Central Ave.
Collings, H. P.	Dugan-Stuart Bldg.	Orr, E. M.	Ark. Nat. Bank Bldg.
Cook, A. H.	Dugan-Stuart Bldg.	Parks, W. P. (Supt. U. S. Reservation)	Supt.'s Office
Cox, W. E.	Citizens Bank Bldg.	Prichard, A. C.	Citizens Bank Bldg.
Cummings, L. (D. O.)	Ark. Nat. Bank Bldg.	Randolph, J. P.	626 Central Ave.
Dake, Chas.	123 Park Ave.	Roberts, C. M.	366 Central Ave.
Dake, Walter M.	Dugan-Stuart Bldg.	Robertson, J. A.	Citizens Bank Bldg.
Davis, Robt. G.	Kempner Bldg.	Shaw, A. D.	626 Central Ave.
Deaderick, W. H.	Dugan-Stuart Bldg.	Shaw, J. B.	626 Central Ave.
DeWoody, L. C.	Ark. Nat. Bank Bldg.	Short, Z. N.	Dugan-Stuart Bldg.
Ellsworth, E. H.	Citizens Bank Bldg.	Simpson, R. A.	Ark. Nat. Bank Bldg. (Rear)
Fewkes, John M.	710½ Central Ave.	Simpson, W. F.	Over Sorrell's Drug Store
Forbes, W. O.	102 Exchange St.	Smith, W. K.	123 Park Ave.
Greene, J. L.	Dugan-Stuart Bldg.	Strachan, J. B.	Dugan-Stuart Bldg.
Hallman, V. H.	Ark. Nat. Bank Bldg.	Thompson, Loyd.	Dugan-Stuart Bldg.
Harrell, M. L.	Ark. Nat. Bank Bldg.	Tribble, A. H.	424 Central Ave.
Hebert, G. A.	310 Central Ave.	Van Leer, S. C.	605 Central Ave.
Holland, T. E.	Dugan-Stuart Bldg.	Vines, F. P.	Thompson Bldg.
		Walker, Da Costa	Kempner Bldg.
		Westmoreland, J. W.	370½ Central Ave.
		Whitacre, J. C.	421 Park Ave.
		Williams, A. U.	Western Union Bldg.
		Williams, F. M.	Over Sorrell's Drug Store
		Winegar, E. F.	Central Sanitarium
		Wood, John S.	802½ Central Ave.

Hot Springs' Ideal Climate

Section Director Cole's Report Shows That This Resort Enjoys a Bally and Well-Balanced Climate Condition

ONE of the best advertisements for Hot Springs, Ark., is its delightful, all-the-year climate. During 1915 the monthly average temperature at Hot Springs varied only 35 degrees between the hottest summer in this locality and the coldest winter, the range being from 79 degrees in June to 44 degrees in January.

Section Director Cole, of the Little Rock Weather Bureau, has just issued his annual climatological data for the year 1915. Below we give the monthly maximum and minimum temperatures at this resort and the average temperature.

Month	Max.	Min.	Ave.	Month	Max.	Min.	Ave.
January	70	18	44.	July	99	53	72.
February	70	29	49.5	August	93	52	82.5
March	71	24	45.5	September	94	52	73.
April	86	49	67.5	October	84	40	62.
May	92	45	68.5	November	83	30	56.5
June	99	59	79.	December	70	26	48.

The Oertel System of Mountain Climbing

On the roads on North Mountain and Hot Springs Mountain courses have been laid out for a scientific system of mountain climbing known as the Oertel system of graduated exercise, the same that is used at Bad Nauheim, Germany. The courses are indicated by stone monuments, finished with apex tops and painted, three hundred feet apart. These monuments have the number cut on the face of each stone on two sides and are set so the patient can easily see the number or distance he has walked either coming or going. There are four courses or roads marked in this way and the number on each monument is painted in the color used for the course on the map.

A map 8 x 10½ inches has been prepared and may be procured by physicians at a nominal cost. Each course is represented in colors, yellow being used for a course comparatively level; green, for a course slightly inclined; blue, for a course moderately steep; and red, for a

course very steep. This map has a space on the back for the physician's directions and signature, so that the physician can prescribe in an accurate manner the distance and course required, according to the condition of the patient.

Course No. 1, slightly inclined and shown in yellow on the map, starts at the corner of Fountain Street and Central Avenue and extends up Happy Hollow (Fountain Street) to Monument 18, intersecting Course No. 3, at North and Hot Springs Mountain divide.

Course No. 2, shown in green on the map, starts at Monument 5 and Government Monument No. 36 on south line of Fountain Street at entrance to Hot Springs Mountain road and extends to Monument No. 30, terminating at the drinking pavilion and tower at the top of the mountain, where it joins Course No. 3.

Course No. 3, shown in blue on the map, begins at junction of Canon Street and Central Avenue and extends to Monument No. 33 at the pavilion and tower at the end of Course No. 2. It traverses parts of North and Hot Springs Mountain roads.

Course No. 4, shown in red on the map, begins at the main entrance between Maurice and Fordyce bath houses and extends up mountain walks to Monument No. 8 on Hot Springs Mountain road, intersecting Course No. 2. This is the steepest course.

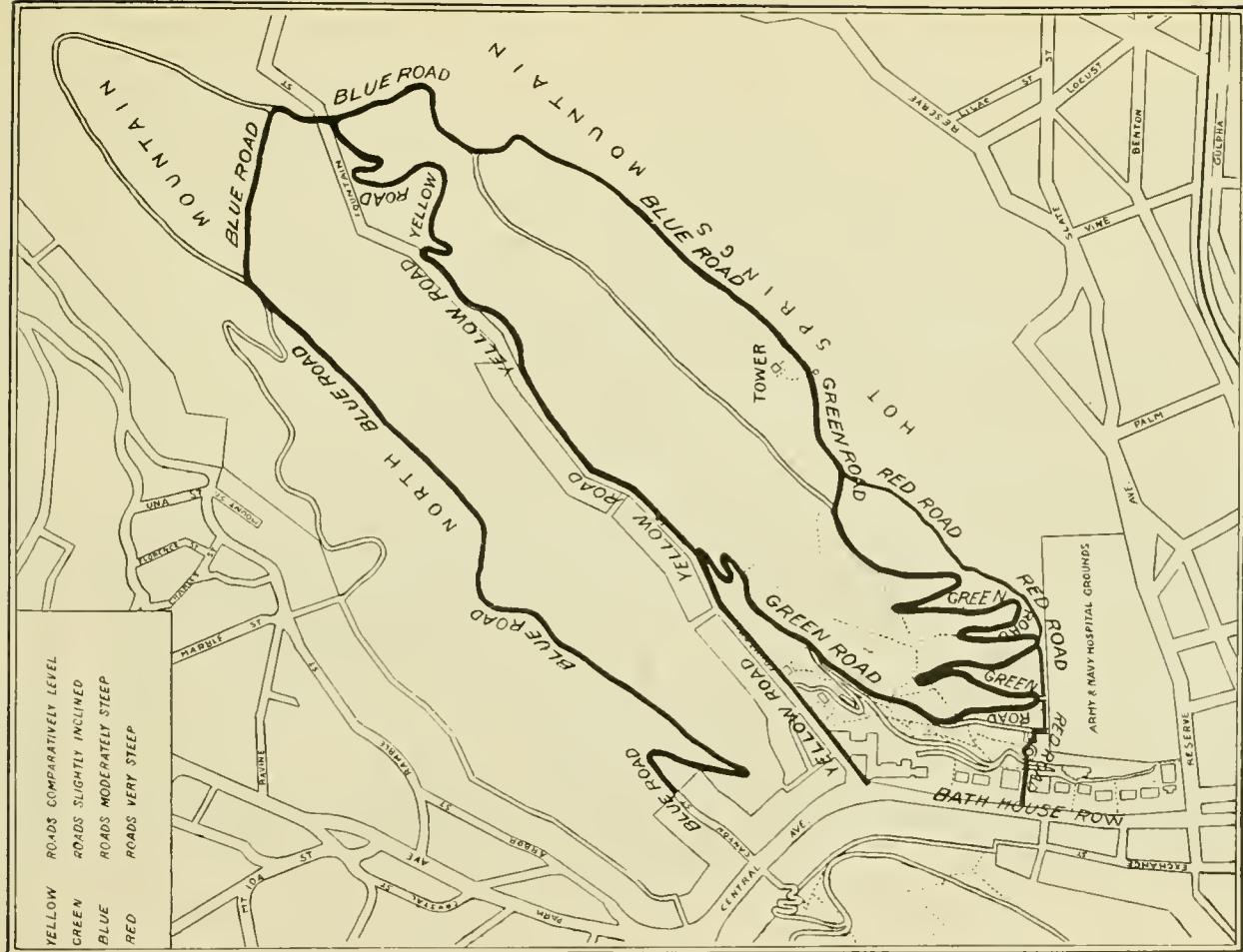
This system of exercise is applicable to patients whose heart action is impeded by deposits of fat and is effective in preventing fatty infiltration from becoming localized in the heart. It is, first of all, a preventive measure and can be employed with advantage to improve the general nutrition of the heart. Even in cases where fatty deposits have occurred, it is of great value, as it also is where the compensation has been already established by milder means.

In short, it may be said this system is beneficial to all incipient heart troubles, especially those of a myocardial nature.

Some of the other physiological phenomena noticed are the following: Acceleration of the heart rate; acceleration of breathing; elimination of an additional amount of carbon dioxide and increase of intake of oxygen; increase of power of healthy heart muscle and muscles of respiration; increase of capillary circulation; increase of normal blood pressure in proportion to amount and degree of exercise.

So far known, this is the only system of this kind in the United States. In connection with the baths it should be a great boon to patients suffering from such ailments as will be benefited by this method of treatment.

In making the survey and map for this system of exercise all of the roads and walks on Hot Springs, North and West Mountains, have been surveyed, measured and accurately located on the map, which is of material benefit to all persons requiring reliable information as to distances, locations, etc.



Map of Portions of U. S. Government Reservation, Hot Springs, Ark., for Use in Connection with Qertel System of Graduated Exercises

The City of Hot Springs

HOT SPRINGS, a cosmopolitan city of 15,000 resident population, is located fifty-five miles west of Little Rock, the State Capital and metropolis of Arkansas. It is located on the pine-clad foot-hills of the Ozarks, at an elevation of from six hundred to twelve hundred feet above sea level. On account of this elevation, the complete sewerage and drainage systems and well-paved streets, Hot Springs boasts of the lowest death-rate of any city in the United States. There is a good police and fire department, four banks, two daily papers, nineteen churches and ten school buildings. Central Avenue, the principal business street, has many modern stores representing all lines of business. The city is supplied with natural gas, electric lights and a modern water works system, also street-car service throughout the city.



Hot Springs' Modern Fire Department and City Hall.

A modern "White Way" has been installed on Central and Ouachita avenues. The Government has also illuminated the famous Bath House Row Reservation.

Hot Springs has a progressive mayor, board of aldermen and city officials, who endeavor to make the visitor welcome and his visit both a benefit and a pleasure.

To Obtain Additional Copies of the "Guide" FREE

"CUTTER'S OFFICIAL GUIDE" to Hot Springs, Ark., can be obtained free by patrons of any hotel, bath house, or physician whose ad. or name appears in this publication, or will be mailed free by the publishers on receipt of a two-cent stamp to cover postage. You will confer a favor on your sick friend or relative if you mail or take him a copy of this publication. Also write for copies.

CHAS. CUTTER & SON, Publishers, Hot Springs, Ark.
Established in 1873.

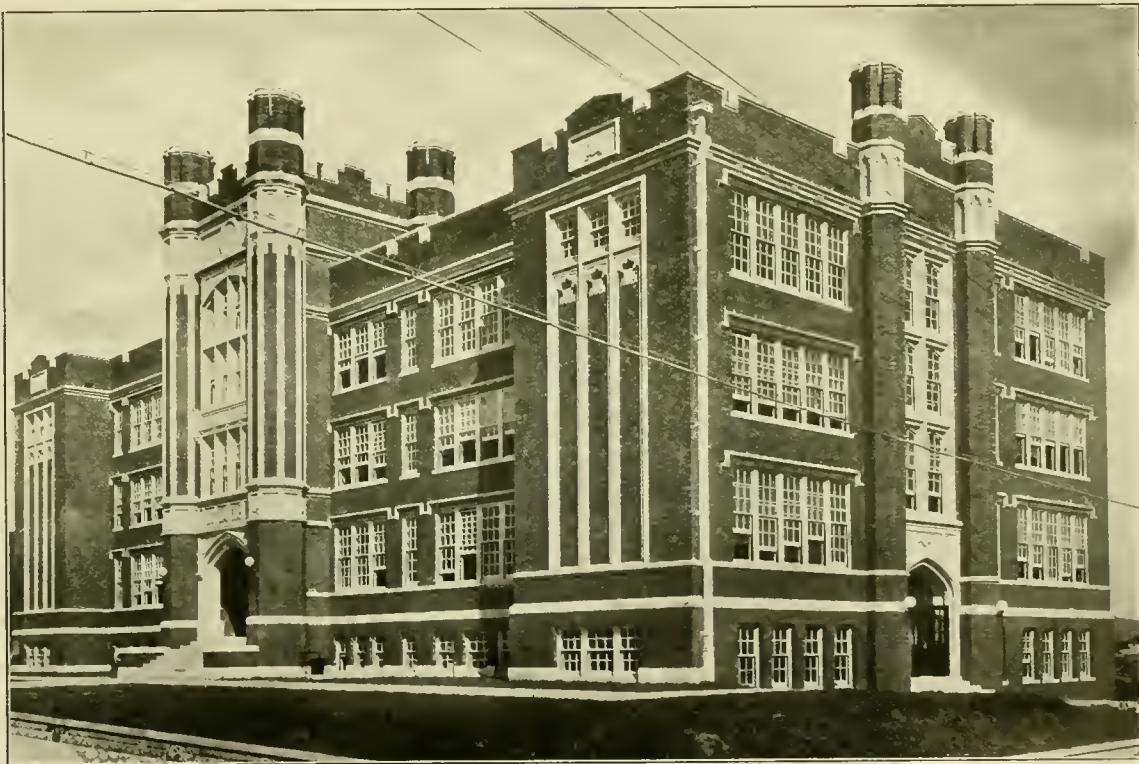
How to Reach Hot Springs

Hot Springs is now reached by three railroads. The St. Louis, Iron Mountain and Southern operates three daily passenger trains each way from St. Louis, Kansas City and Memphis, with through sleepers. The Chicago, Rock Island & Pacific has three trains each way from Memphis and the South with through sleepers. The Memphis, Dallas and Gulf Ry. just completed into Hot Springs from the west, operates two trains each way from Texarkana and Ashdown, Ark.

Expenses at Hot Springs

Many people have an idea that a visit to Hot Springs necessitates a great deal of expense, but such is not the case. While visitors can spend as much money here, if they desire, as in any city, there is no place in the country where one can live more cheaply. Below is given a statement showing the range of cost of comfortable accommodations, medicine and medical attendance, bathing, etc., from which it will be seen that visitors who desire to be economical, can live well and enjoy all the benefits of the baths and hot water with an expenditure of as little as \$59 per month.

Board and lodging, \$20 to \$100; physician's office fees, \$25 and up; physical examination only for bathing directions, \$5; medicine, \$5 to \$15; bathing, \$7 to \$12; bath servants, \$3 to \$5; total, \$59 to \$165.



Hot Springs' New \$200,000 High School.

All-the-Year-Round Resort

For health, pleasure and sightseeing all the year round, Hot Springs is visited by a larger average of guests than any other watering resort, being 150,000 annually.

But it is the average monthly business that is the most remarkable, there being only two months, October and November, that can really be called dull.

Our delightful all-year climate, as well as the well-known efficacy of the thermal waters *at all times*, makes Hot Springs a pleasant and desirable place of resort at any season of the year.

A Pleasure Resort

As a pleasure resort Hot Springs offers many advantages. The model Government roads, with the scenic environs, the mild climate at all seasons, make outdoor sports possible. There are many interesting points a few miles distant. Good fishing and hunting are offered in season. A model Country Club and full course golf links are open to the visitors at a nominal fee.

The Highway to Little Rock is now completed and offers a beautiful scenic trip to our Capitol City.

Horseback riding and driving are popular amusements at this resort. The Government has built fine roads and paths to the Steel Tower and different points on the Reservation where the views of the surrounding country are an inspiration to lovers of woodland scenery. There are also many enjoyable side trips to different springs on good roads. As a diversion for the lovers of horseback riding there are different trails over the mountains to points of interest. Signs are posted along the way to give every assistance.

Cold Mineral Springs

Hot Springs can boast not only of her famous Hot Springs, but several cold mineral springs in this vicinity are well patronized on account of their medicinal properties. Visitors suffering from kidney and bladder trouble and the early stages of Bright's disease find that often best results are obtained when these waters are drunk in connection with the baths. The Mountain Valley Springs are located twelve miles north of the city, and a hotel is conducted there. An office and drinking pavilion is also maintained at 254 Central Avenue. Other cold mineral springs of note are the DeSoto Springs, on Central Avenue, where a handsome spring house and drinking pavilion have been erected; Little Mountain Springs, located near the Little Rock Pike, four miles east of the city; Arsenic Springs, 237 Mt. Ida Street, City. Still other springs are the Potash Sulphur, Spring Lake, Ozark, Lithia, Waverly, White Sulphur, Thousand Dripping and Cutter's Cluster Springs.



"We Ride Every Day at Hot Springs."



Hot Springs' Country Club and Golf Links (Auto Bus Transportation, Hourly Service).

C. N. Rix, Vice-President and Treasurer.

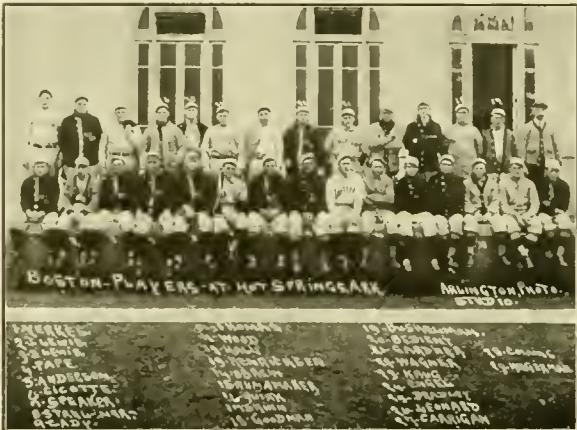
Dr. W. O. Forbes, President.

M. A. Eisele, Secretary.

America's Favorite Athletic Training-Ground

HOT SPRINGS has become the favorite spring training ground for the various National and American League baseball clubs, and for many years the Pittsburg and Boston American clubs have maintained regular training parks, and their high standing each year in the pennant race of their respective leagues is self-evidence that the players were in good physical condition when entering the race for baseball supremacy.

The Pittsburg park is located on Whittington Avenue, and the Boston "Red Sox" park (Majestic Park) in the south end of the city. The Boston National (Braves) may also do their preliminary training here this year. The Indianapolis



Boston (Red Sox) Baseball Club—World's Champions, 1913, 1916.



Pittsburg Baseball Club—World's Champions, 1910.

A. A. Club may return to this city for spring training. Many good practise games are played in the spring between visiting clubs which offer a high-class amusement to the many visitors at that season. Many other members of the Major and Minor league ball clubs make annual visits to this city to take the baths and get in physical condition before joining their respective clubs at their different Southern training-grounds. The athletes who come to Hot Springs are not all baseball players. Many prize fighters seek the "Fountain of Youth" (RADIO-ACTIVE HOT SPRINGS) in order to make a "come-back," while various college athletes are here to gain the best physical condition. The writer predicts that next March more than five hundred baseball players and other athletes will be here getting in condition, making Hot Springs the WORLD'S GREATEST ATHLETIC TRAINING GROUNDS.



The Gator Farm, Marine Museum and Hot Springs' Kennels, Whittington Avenue. K. C. Spencer, Lessee.



P. C. Link, Manager.

New Imperial Bath House.

Chas. N. Rix, Owner.

New Imperial Bath House

THE New Imperial Bath House has been built regardless of cost and under the supervision and inspection of the U. S. Medical Director and the Department of the Interior. It is one among the best constructed, finest and most superbly and scientifically equipped bath houses in America or Europe.

All floors are ceramic tile with cove and round corners—hospital regulation—joining the wainscoting, making it sanitary.

The private dressing rooms are constructed entirely of marble and tile and one person has exclusive use of room.

Dressing rooms for ladies are equipped with a mirror built in the tile wall, plate glass shelf, sanitary chair, hat and clothes hooks, and are on the second floor, being reached by three stairways and by elevator.

The bath tubs are solid porcelain, enameled inside and outside. Vapor bath rooms are found in connection with each bath room, lined with glass.

The Hydrotherapy Department

This bath house has a most complete and scientific equipment in this department.

All known treatments in hydrotherapeutics are given to both men and women under supervision of a professor who will also give electric light bath, violet ray bath, electricity (galvanic or faradic) baths, sitz bath, Nauehm (champagne) bath, said to be equal to the baths at Nauehm, Germany, the shower, needle, spinal and liver baths and shampoo treatment.

The air is changed entirely in each room every fifteen minutes, and the fresh cold air is drawn in from screened openings at the top of one of the highest towers of the house.

The hot water spring from which the water is received for use is itself nine feet under the surface of the mountainside, entirely covered, so all gases and heat are confined, and is tapped by a galvanized insulated water pipe and reaches our air-tight insulated steel tank by gravity at 135° F.

This water has to be cooled for bathing.

This is an important condition to accomplish in order to give the greatest curative benefits to the bather, and to keep the water free

from contamination, but greater than all to confine the radio-activity due to dissolved radium (a gas) and other gases which are the principal curative and healing agencies in this water.

Our water tanks are water sealed, air tight. We cool the water by a system of evaporating the heat from the water, taking the water from the hot water tank, passing it through this system into the cold water tanks, reducing the heat to 90° F. in the hottest summer weather and without at any time being exposed to the atmosphere.

Sanitary steel enamel cases are furnished each person in which to keep robe, towels and bath outfits separate. All bath outfits or accessories used in taking the bath are thoroughly sterilized each day after use.

Your inspection invited.



Office and Grand Stairway.

The Maurice Baths

"The House of Service"

SANITATION and cleanliness are the most important features to consider in selecting your bath house. The Maurice is the most complete sanitary bathing establishment in the world, and embodies the latest scientific ideas in sanitation and hygiene without sacrificing the comforts and conveniences of a luxurious bath.

The tubs are of solid porcelain, made especially for the Maurice, being of extra large size. *Every bath room* has individual vapor, shower and douche, giving you all the requisites of the bath in the privacy of the bath room.

After your bath you retire to a bathing lounge, a room 40 x 40 ft., where the air is dry, fresh and clean. It is a scientific fact that germs



The Maurice.

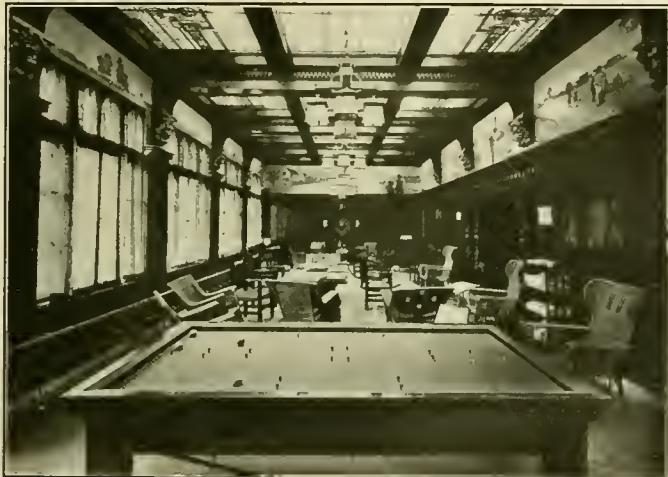


Sun Parlor.

will live and travel in moist air indefinitely, while in dry air they will not, consequently the Maurice has supplied a bathing lounge entirely separate from the bath room, following the European custom in this feature. You are not inhaling the exhalations of hundreds of sick patients taking baths as is the case where you bathe and sweat in the same room. The same idea is carried out in our hot room, the air being dry and clean and changed every ten minutes.

Our Manicure, Hair Dressing, Facial Massage, Chiropody and Mercurial Rubbing Departments in charge of skilled operators.

We have expended \$25,000 improving The Maurice. We could not make the actual baths more sanitary or better, but the improvements will add to your comfort and pleasure.



"The Den."

The Dutch Den is the most unique room in the South. Its large, homey cobblestone fire-place, its quaint decorations and comfortable furnishings will, I am sure, please you.

The Billiard Room is another feature for your entertainment and is entirely free to our patrons.

The Gymnasium is now treble its former size, being 25 x 90 feet, and equipped with double sets of the most modern apparatus.

Separate elevators for men and women, insuring the most absolute privacy. We are the only house in the city with this feature.

A Sun Parlor on the ground floor, erected of steel and plate glass,

20 x 40 feet, heated by steam in winter and open to the breeze in summer.

A Mechanical Massage Department with every known device to make our massage department the most complete in the city.

Six Hundred Sanitary Lockers have been installed to keep all robes and towels separated. With new furnishings, artistic decorations and beautiful art glass skylights, you will scarcely recognize The Maurice since its transformation. Do not make your bathing arrangements until you inspect The Maurice, for we will show you the most beautiful and complete baths in America.

Our capacity is one thousand baths daily. See The Maurice before you buy a bath ticket.

Harry H. Bell, *Mgr.*

W. G. Maurice, *Pres.*



Bath Hall.



A. H. Buckstaff, Pres.
Lincoln, Nebr.

Buckstaff Bath House.
White Attendants. This Means Service.

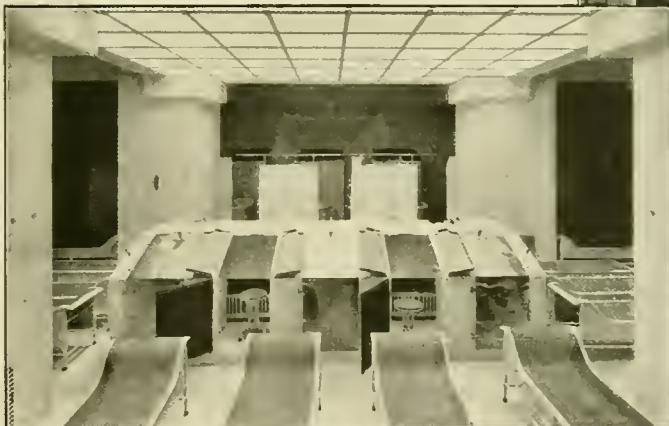
G. E. Hogboom, Secy.
Hot Springs, Ark.

Buckstaff Baths

THIS new bath house was completed two years ago, at a cost of \$125,000, and is one of the most complete and luxurious bathing establishments in the United States. Several tourists who have visited most of the European resorts have said that although Europe has larger bath houses, there is not one that has as many modern conveniences or sanitary features as the Buckstaff.

When one realizes that the temperature of the water is perhaps the most essential feature of the Hot Springs baths, it will be conceived how thoroughly the designers of this bathing palace have studied the science of giving a therapeutic bath.

But the regular hot water bath is only one of the splendid phases of the magnificent hydrotherapeutic equipment of the Buckstaff. Every modern method of hot water treatment, and all the accumulated apparatus for giving hydrotherapy effectively and successfully, have been included in the service of the Buckstaff. The walls of the bath halls are marble to the ceiling, marble wainscoting in all other rooms, solid



Men's Bath Hall.



Hydrotherapeutic Department.

porcelain plumbing fixtures, tile floors. The air throughout the building is changed every fifteen minutes, the temperature in each room is under thermostatic control and all rooms are outside rooms, thus affording plenty of sunlight. Connecting with each bathing department are rooms for massage and chiropody. On the third floor are reading and writing rooms, beauty parlors, sun porches and a parlor.

The entire force of the Buckstaff is composed of experienced **WHITE** persons and the service is unexcelled. The price for twenty-one baths is \$14, including attendant's fees. If you ever visit the World's Greatest Health Resort, do not fail to inspect this bathing palace. An illustrated and descriptive booklet mailed upon request.

G. E. HOGABOOM, Manager.

The Fordyce

"Finest Bath House in the World"

THE building is designed in the Spanish Renaissance style of architecture, which is rich in sculpture and carving, and is nearly twice as large as any other bath house in Hot Springs. It contains every improvement and device known to modern science for the administration of the baths. No money or skill has been spared to make this establishment the most practical, complete and luxurious bath house in the world. The equipment includes every form of apparatus for giving hydrotherapy (water treatment), and in addition extensive and complete departments for giving electrical and mechanical treatments, including massage and Swedish movements, medical gymnastics, etc., in connection with the general natural hot water baths.



The Fordyce.



Lobby.

The spring that supplies the Fordyce with water was developed while excavating the basement, and thousands of gallons of hot water come boiling from the earth every hour. Here visitors can see and drink the water as it bubbles from the ground in its native state.

Cold water for tempering the douches, sprays, needle, shower and other baths is secured by means of a refrigeration plant which turns the boiling water to an icy temperature without permitting exposure to the air. This assures bathers ice-cold water containing all the original gases of its natural state.



Parlor.

Besides the regular bath-house features, this establishment furnishes, free of charge, a library, a music and assembly room 100 feet long, private parlors for ladies and gentlemen, two bowling alleys, the largest gymnasium in the city and a roof garden, containing 5,000 square feet, for taking the sun baths.

Twenty-two private state rooms with service of secretary, valet or maid, also a beauty parlor and chiropody department to satisfy the wants of the most fastidious.

Space prevents a detailed description of the various departments, but upon application the management will furnish a beautiful, illustrated booklet containing full information of this wonderful bath house. Jno. F. Manier, who for fourteen years conducted the Palace Bath House, is the manager. His extensive experience in this line of business has enabled him to secure the very best staff of attendants. Correspondence solicited. Sightseers welcome.

For further information call or write—

JNO. F. MANIER, *Mgr.*



Bath Court.



Alhambra Baths.

Alhambra Baths

W. L. BANCROFT'S SONS, PROPRIETORS

THIS modest-appearing and substantial house has been built on the site of the "Beautiful Alhambra," destroyed in the great fire which swept so large a part of Hot Springs on the morning of the twenty-fifth of February, 1905. In rebuilding, all features in bath-house experience generally, in Hot Springs, were taken into careful consideration, to the end that the new house should meet every requirement for administering the Hot Waters here to their best advantage.

The tile floors, porcelain enameled walls and ceilings, the modern systems of tubbage, plumbing and waste-water of the bath



Men's Bathing Department.



Ladies' Bathing Department.

departments and of the entire house, complete one of the most sanitary bathing establishments at Hot Springs. Heated with steam, a proper regulation of temperature throughout the house is assured. Of the many private dressing rooms, those in the ladies' department are of extra large dimensions.

Because of its location (No. 214 Ouachita Ave.), practically the center of the rebuilt community of popular-priced hotels, rooming and boarding houses,—all of which are built and furnished along lines of modern requirements,—this house enjoys a superior patronage from those in its vicinity desiring convenient bathing facilities and the attentions of a selected corps of attendants. Rates: \$10 for 21 baths, including attendant's fee: single bath, 55 cents.



The Hale Baths

FOR over twenty years the proprietors of the Hale have been serving the wants of the visitors to Hot Springs, and during all these years it has been their endeavor constantly to improve their service. With this in view, nothing has been spared in the new and remodeled bath house to make it the most modern and up-to-date in the country. It seeks to obtain all of the sanitary requirements of the United States Government and meet all of the comforts that are needed, maintaining a service which will ensure the satisfaction of its patrons, and at the same time enable it to render this service at a charge within the reach of all.

The management of the Hale gives treatment to its bathers according to the direction of their doctors. The attendants are trained and understand the necessity of following explicitly doctors' directions.

The hospitality of the Hale is well known by all its former patrons. It is nowhere more exemplified than in the attractive sun parlor, fitted up for the comfort of its lady guests.

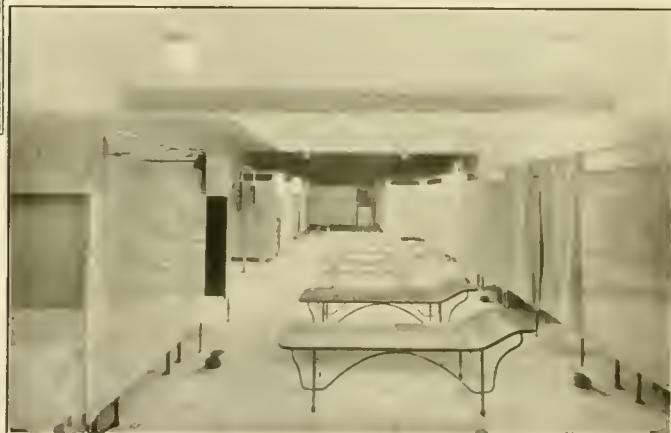
No effort has been spared to make the ladies feel perfectly at home at the Hale, and their parlor and lounging room has been fitted up with reading tables, card tables, dressing tables.

The same appointments have been made for the men patrons, with additional facilities for smoking and reading. A writing room has also been prepared, in which writing facilities will be found at all times.

While nothing has been spared to make the Hale so attractive and beneficial to bathers, yet no unnecessary expense has been added, and the result is that the management is able to give first-class service at the modest rate of \$12 for a course of 21 baths. This price includes the attendant's fee, and is within the reach of all visitors to Hot Springs.

Your inspection invited.

THE HALE BATHS.



Men's Bath Hall.

Superior Baths

THIS bath house is the latest to be constructed on the Bath House Row, and is built on the most modern and sanitary lines, approved by the U. S. Department of the Interior. The building is of reinforced concrete and steel, its outer walls of mat face brick, making it fire-proof. The floors are of tile. The bathing department, office and halls are of marble construction. All tubs are of solid porcelain; bath cabinets of marble. There are shower baths and all the latest equipments for giving all kinds of baths. The building is



Superior Bath House

ventilated and heated by the latest methods, the air being changed every fifteen minutes.

In constructing the foundation a large hot spring has been opened up. This has been put under glass, so the patrons of this house can see the hot Radio-Active water boiling from Mother Earth before being piped to sealed tanks, where it is then conducted to the bath tub before it is exposed to the air, thereby retaining its radium gases. The cooling tanks are also air tight for the same reason.

The furnishings are approved and specified by the U. S. Department of the Interior throughout, in view of maintaining the greatest degree of sanitation. The arrangements of the different departments are most complete, with the large sun parlor, beautiful lobby, cooling rooms, ladies' parlor, reading and writing room. Private lockers and dressing rooms are provided for both ladies and gentlemen. A smoking and rest room, also reading and writing rooms have been included in the gentlemen's department. The Superior will be under the personal management of Mr. J. W. Martin, many years manager of the Imperial Bath House. He will be assisted by trained attendants in all departments, insuring both courteous attention and efficient service. The Superior will open about Feb. 1st, 1916, and will prove a popular bath house for the health seeker who appreciates a modern bathing institution at a moderate price. Rates: single bath, 60 cents; 21 baths, \$11, including attendant's fee.

For further information write—

SUPERIOR BATH HOUSE CO.

E. L. Howlett, *Pres.*

J. H. Avery, *Treas.*

J. W. Martin, Sec. and Manager.



The Lamar

THIS fine bath house was named in honor of the late Justice Lamar, of the United States Supreme Court, while he was Secretary of the Interior. It is the first bath house on the Government Reservation, going north on Central Avenue, and gets its supply of water from the Big Iron Spring.

The Lamar has the largest parlors and bathing halls of any bath house in the city; thirty bath tubs, douche, shower, needle and every kind of bath given at this resort.

The management is under Mr. F. J. Adelman. The owner, Mr. M. C. Tombler, deserves much credit for giving the Springs such an important institution as the Lamar, and anyone will appreciate and admire his new improvements. While the management of the house is under the regular care of Mr. Adelman, Mr. Tombler exercises a thorough supervision over the whole business, and is indefatigable in his efforts not only to keep up the high reputation the Lamar already enjoys, but to improve it in every manner possible.



Men's Bathing Hall.

By FARRELL

The Ozark Bath House

ITS central location, its abundant water supply, its experienced and courteous attendants, its superior supervision and management, have long made this one of the most popular bath houses in the valley. This house has recently been thoroughly renovated, refurnished and improved. Private dressing rooms are provided for both ladies and gentlemen. Special attention is given to ladies and children. The attendants are known to be among the very best in the business. The latest magazines and papers are on the tables for the entertainment of



Ozark Bath House—"The White House."

the bathers; and comfort prevails everywhere about the bathing establishment. All the lavatories are supplied with the latest automatic disinfecting machines, and the sanitary conditions are kept up to all Government requirements. Sorrells & Latta are the proprietors.

The Ozark is known as the "White Bath House." Twenty-one baths and attendance, \$10. Letters of inquiry are promptly answered. The attendant's fee is three dollars for twenty-one baths. Write for information and a copy of CUTTER'S GUIDE, to—

F. M. THOMAS,
Manager.



Business Center.

Office of U. S. Superintendent.

THE HEART C



SPRINGS — From Eastman Hotel Tower.

U. S. Army and Navy Hospital.

Photo by Upton.



A. B. Gaines, President.

The Arlington. Open All the Year.
American Plan, January to June. European Plan, June to January.

Joe W. Corrington, Manager.

The Arlington Hotel

THE Arlington is situated upon the northwest corner of Hot Springs Mountain, and enjoys the privilege of being the only hotel on the Government Reservation. Of this distinction the owners are justly proud, but apart from this the Arlington is splendidly located, being on Central Avenue, at the corner of Fountain Street, which street forms the world-renowned "Happy Hollow." This hotel is conducted only on the American plan, and is open throughout the entire year.

Six hundred thousand dollars were expended on the building and equipment of the Arlington, and it is justly known as a high-class, modern hotel, one which caters to the most discriminating of resort patronage. There are more than three hundred guest rooms, many of them with private bath; the water for all of which baths is drawn from the mineral springs on the Government Reservation. The hotel is five stories in height; constructed of brick, stone and steel, and has a total frontage of 650 feet. An unusually broad veranda or colonnade extends the entire length of the building, affording an excellent view of Central Avenue and the Government promenade. Every hall of each floor of the Arlington is connected with the beautiful Government Park, in the rear of the hotel, by steel bridges.

For the comfort, convenience and pleasure of its guests, the Arlington is provided with large lobby, parlors, writing rooms, rest rooms, etc. Concerts three times daily—morning, afternoon and evening—are given by the Arlington Orchestra (Prof. Richard Barton, Conductor) in the main rotunda. Formal balls and informal dances are given each week in the beautiful ball room, and these, together with card parties, afternoon teas in the grills, etc., make perfect the gay side of this hotel. A handsomely appointed Metropolitan grill is conducted entirely on the *a la carte* plan, in which white employees are used throughout and where the service and cuisine is equal to that in our Northern and Eastern cities. Music by a special Italian orchestra is rendered throughout the afternoon and evening. A new Sun Parlor and rest room at the southeast corner of the main building has been added. This room is beautifully located, commanding a sweeping view of the Government Park, promenade and Central Avenue. It is constructed of glass, has maple floor, finished throughout in tan and green shades and furnished entirely with wicker furniture. No sweater or more restful room can be found anywhere than the Arlington Sun Parlor.

Special attention is called to the beautiful eighteen-hole Golf Course, which is located on the Malvern Road, two miles from the hotel. This is one of the most beautiful golf courses in this country, and is giving the most perfect satisfaction to all classes of players. The golf course is reached by private automobile service from the Arlington, which service is conducted entirely for the benefit of the guests of the hotel, and is operated on regular schedule.

The Arlington Baths

Fifty thousand dollars have been expended during the past summer and fall in entirely rebuilding and refurnishing the Arlington Baths in compliance with the latest Government plans and regulations. It is now the equal in comfort, convenience and beauty of any bathing establishment in this country or Europe. With its marble and tile construction, it is spotless white throughout; is furnished with solid porcelain tubs and the very latest models in showers, douches; marble vapor and hot air cabinets; is heated and ventilated throughout by the latest automatic system approved by the Department of the Interior. A special Hydrotherapeutic Room has been added, where these baths are given under the direction of a graduate pupil of hydrotherapy. In this room every convenience possible has been placed for the giving of the hydrotherapeutic baths in their latest and best form. In fact, entirely throughout the Arlington baths are as perfect and up-to-date as it is possible to make them. A new Otis elevator of latest construction connects at the Southern end of the building every floor of the hotel with both the ladies' and gentlemen's departments. This elevator is exclusively for the use of bathers.

For special information, rates, etc., address—

JOE W. CORRINGTON, *Manager.*



Arlington Sun Parlor.



The Eastman. Open from January 15th to May 1st or Later.

A. B. Gaines, President.

Lyman T. Hay, General Manager.

W. E. Chester, Manager.

The Eastman Hotel and Bath House

THIS is the largest hotel at Hot Springs, and though it is open only through the busy season, there have been several years when the better class of visitors could not have been accommodated but for the commodious Eastman. It has 520 guests' rooms. The house is so constructed—in the shape of an L—that all of the rooms are front rooms, facing either one of the four streets which surround it or the open court, which is beautifully shaded by lofty forest trees; and from the rooms facing it a commanding view is to be had of the Army and Navy Hospital, the Hot Springs and West Mountain, and the Valley of Hot Springs. All of these views and the rest of the city and adjacent mountains are seen to the best advantage from the lofty observatory, nearly 200 feet high. Most of the rooms have connecting doors, so they can be arranged for single or in suites, and many are equipped with private bath rooms and toilets.

The main halls, twelve feet wide, extend through the center of the entire building, each forming a grand promenade 675 feet long.

No fire is ever lighted in the house, except in the magnificent fireplaces in the parlors and lobby, and in the kitchen. The building is heated throughout by steam and lighted by electricity, both arc and incandescent systems being used, and the power furnishing them is in another building on the opposite side of the street.

The public rooms of the Eastman consist of a grand parlor, ball room, ladies' reading rooms, billiard room, gentlemen's reading and writing room, dining-hall and ordinary—all of generous dimensions—and a superb lobby, containing telegraph office, local and long distance telephones, news and cigar stands, stenographer's desk and all other conveniences. Here a superb orchestra gives three daily concerts and also provides music nightly for dancing in the grand ball room adjoining. The Eastman Orchestra is conducted by the able director, Prof. Phillip Laffey.

The service throughout, at the Eastman, is unexcelled, and the cuisine is of the highest excellence.

Rates: European plan exclusively, \$1 per day and upwards.

The Eastman Baths

The Eastman Bath House this fall has been entirely rebuilt, with the exception of the outer walls. New tile floors and solid marble partitions have been added to both the ladies' and gentlemen's bathing departments. The bath rooms are very large, and most of them have the marble vapor cabinets. The very latest in electric-light cabinets and shower bath equipments has been installed. A complete hy-



Bathing Department, Eastman Bath House.

drotherapy department is included and every modern method of hot water treatment and all the accumulated apparatus for giving hydrotherapy effectively and successfully have been included in the service of the Eastman Baths, which now rank with the finest bathing establishments in America. The Bath House contains forty bath rooms, equipped with solid porcelain bath tubs. These are connected with cooling rooms and parlors, and all have been refurnished throughout. The Bath House is connected with the Hotel by a steam-heated passageway, so guests can go direct from their rooms in their bathrobes without danger of taking cold. The hot water used in this Bath House is supplied by the Government and is the same as all the other bath houses receive and is under the rules and regulations of the Department of the Interior.

The Eastman Hotel and Bath House Board of Directors

A. B. Gaines, President, Englewood, N. J.; S. W. Fordyce, Vice-President, St. Louis, Mo.; W. C. Fordyce, St. Louis, Mo.; J. W. Corrington, Hot Springs, Ark.; John G. Lonsdale, New York City; W. E. Chester, Hot Springs, Ark.



The Majestic Hotel and Bath House.

Majestic Hotel and Bath House

THIS hotel, built of brick and stone, is the newest of the large hotels of Hot Springs. Every floor is practically a ground floor, as each floor opens out upon the mountainside, thus minimizing the danger to life and property in case of fire. There is not an inside room in the building. All are delightfully cool in summer and comfortably warm in winter, and command a good view of the "Valley of the Vapors." All the apartments are well and completely furnished, and arranged to be used single or en suite. Every room is supplied with hot and cold running water, steam heat, electric and gas light, and local and long distance telephone. Sixty-five of the largest rooms have private bath and toilet in connection, in addition to the conveniences named above. The grand dining room is finished in cherry, and is airy, well-lighted, and conveniently reached from any room in the hotel. It has a comfortable seating capacity of three hundred and sixty persons. The hotel orchestra gives daily concerts in the spacious lobby, under the leadership of Prof. Walter Cain.

The bill of fare is changed daily, and consists of the best the market affords. A unique and an appreciable feature of the hotel is that the bath house, where the hot mineral water baths are given, is located upstairs, and has no public street entrance, but is easily reached from any room in the hotel by way of stairs or elevator; thus guests may go to the bath house in robes and slippers, and after the bath, return to their rooms to rest before dressing, which is always advisable. In this way one avoids the danger of taking cold by

going into the outer air too soon after the bath, as well as the fatigue attending a hot bath. The water used in the bath house comes directly from the Hot Springs Reservation.

During the past year the bath house has been entirely remodeled to conform with the latest ideas in bath house equipment as used in this country and Europe. The floors and walls have been set with marble tiling, and new fixtures and appliances installed, suitable for giving a Hot Springs mineral water bath according to any individual desire or physician's prescription. Included in the equipment are two complete hydrotherapeutic rooms. An entirely new heating and ventilating system has been installed, which changes and heats the air in each and every room every ten minutes, and this, with the other improvements, makes the MAJESTIC BATH HOUSE the most complete in its appointments and sanitary condition of any bath house operated in connection with a hotel in Hot Springs, and the equal of any bath house in Bath House Row, or in the city.

The Majestic Hotel is a most popular family resort and special rates are made for families and parties, and it is open for guests the entire year. It is managed by experienced people whose aim at all times is to look after the welfare and comfort of the guests.

Any further information desired in regard to the hotel or Hot Springs will be cheerfully furnished upon application. Address—

HARRY A. JONES, *Manager*,
Majestic Hotel and Bath House, Hot Springs, Ark.



The Townsend Hotel.

The Townsend Hotel

THIS is one of our newest and most modern hotels. It is located on Chapel Street, just off of Central Avenue. It is well built of brick and stone, is thoroughly modern, having steam heat, electric lights, hot and cold water in every room. All rooms have clothes-closets, and a few have private toilets connecting. The hotel is centrally located, being within two blocks of Bath House Row, post-office, banks and the depots. The Townsend is conducted upon both the American and the European plan. The dining room is commodious, well lighted and ventilated, and all meals are served table-d'hôte to guests who secure accommodations upon the European plan.



Office of the Townsend Hotel.



Dining Room of the Townsend Hotel.

The American rates are \$12 to \$15 per week. Rooms on the European plan are \$4 per week and up.

J. A. Townsend, owner and proprietor, gives his house his personal attention, and all guests will find him an obliging and a congenial host.

His family resides in the hotel, which is a guaranty of good associations. Newness, tidiness and cleanliness will impress all who enter the Townsend. It is all that this implies in every department—in the halls and in all the rooms.

For further information, write to—

THE TOWNSEND HOTEL,
J. A. Townsend, Proprietor.



The Hotel Milwaukee.



Office of the Hotel Milwaukee.

The Hotel Milwaukee

THIS hotel has added one story to its height and almost doubled its front and its room capacity for the accommodation of guests. This was necessitated by the increased patronage the Milwaukee has received. The hotel is splendidly furnished. Some of the new rooms contain handsome iron bedsteads and other furniture equal to the best to be found at any hotel at this resort, not excepting the very largest. The house is so constructed that every room has an outside exposure, window and view.

The Milwaukee is a substantially built brick structure, and as its proprietor is also its owner, and his careful supervision extends to the faithful employees of the hotel, all guests may feel assured of kind and courteous attention.

The Milwaukee is situated at the end of and facing Bath Street, one short block from Central Avenue (the principal thoroughfare of Hot Springs) and Bath House Row. The dining room is on the first floor, off from the office and ladies' parlor.

The rates are \$12.50 to \$17.50 per week, and \$2.00 to \$2.50 per day in summer and fall. Winter rates, \$15.00 to \$21.00 per week, and \$2.50 to \$3.00 per day.

J. P. HICKEY, *Owner and Proprietor.*



Ladies' Parlor of the Hotel Milwaukee.

Mountain Valley Springs Hotel and Sanitarium

Mountain Valley Springs are located twelve miles north of Hot Springs, Ark., well up in the Ozark Mountains, 800



Mountain Valley Springs Hotel and Sanitarium.

feet above the level of the sea. This is a quiet mountain resort for the treatment of renal, cardiac and circulatory diseases, Diabetes, Gout, Rheumatism, and other disturbances of metabolism requiring extra elimination. Within a few miles of America's great health resort, Hot Springs, which is under Government supervision and regulation. Freedom from city noise and distraction. The famous Mountain Valley Springs on the grounds are actively diuretic, palatable and of low salt content. The Hotel and Sanitarium have modern conveniences. One feature is individualized diet and water drinking based on thorough analysis of case, and adjusted from day to day to fit patient's condition. Invigorating mountain air, plenty of sunshine, and a mild, equable climate. Competent medical supervision by a reputable physician. Own physician's orders carefully carried out; weekly reports on request. Rest, baths and exercise as indicated. Graduated exercise for heart and high-blood-pressure cases. Patients taught to adjust themselves to changed conditions of living necessitated by damaged heart, blood vessels and kidneys. No infectious, alcoholic or insane cases accepted.

Analysis of Water from Mountain Valley Springs

Number of cubic centimeters per liter of the following gases at 0° C and 760 mm. pressure:

NITROGEN	14.45
OXYGEN	2.82
CARBON DIOXIDE (free)	9.82
CARBON DIOXIDE (set free from bicarbonates on boiling) ..	44.48
HYDROGEN SULPHIDE	None

Salts in Solution in Parts per Million

SiO (Silica)	14.06
SO (Sulphuric Acid Radicle)	8.42
HCO (Bicarbonate Acid Radicle)	242.20
PO (Phosphoric Acid Radicle)27
Cl (Chlorine)	4.00
Br (Bromine)	Trace
I (Iodine)	Trace
Mn (Manganese)	Trace
Fe (Iron)	1.40
Ca (Calcium)	69.14
Mg (Magnesium)	7.90
K (Potassium)	1.42
Na (Sodium)	3.25
Li (Lithium)	Trace
O (Oxygen to combine with Fe and Mn to form oxides and with part of the SiO to form Ca SiO)80
Total Salts	352.86

J. K. HAYWOOD, *Analytical and Consulting Chemist,*
1308 R. St., N. W., Washington, D. C.

CHEMICAL LABORATORY
WASHINGTON UNIVERSITY
BUSH HALL

St. Louis, June 28, 1915.

I have made very careful test of the deposits from the walls inside the spring, and from the walls in the reservoir of the pump house at Mountain Valley Spring.

I find these deposits consist chiefly of carbonate of iron. This may be in the form of a basic carbonate of iron. There is present, no doubt, very small amount of other substances which are insoluble in water.

L. McMASTER.

The preceding analyses are conclusive evidence of the medicinal properties of the water. Waters of these springs now have a reputation equal to any in the world for the treatment of Kidney Diseases and those of the Urinary Tract. They are also especially recommended for the following diseases: Cystitis (or inflammation of the bladder), Diabetes, Rheumatism and Gout. Because of the popularity of this water, the Mountain Valley Springs Company maintains an office and a drinking pavilion in the Southern Club Building at 254 Central Ave., Hot Springs, Ark. Agencies also have been established for the sale of the water in most of our larger cities, and orders are received at the office in Hot Springs. For further information, address: MOUNTAIN VALLEY SPRINGS COMPANY, J. F. Cross, Manager, 254 Central Ave., Hot Springs, Ark.



View of Spring House and Grounds at Mountain Valley Hotel.



F. M. Moody, Ass't Mgr.

The New Moody Hotel and Bath House. N. M. Moody, Owner and Prop.

The New Moody Hotel and Bath House

THIS handsome hotel and bath house has a most sightly location, which gives its guests the most extensive and most beautiful view of the lower portion of this city and the surrounding pine-clad mountains. It is situated on the highest point on Ouachita Avenue, near the business center, and is passed by the electric street cars, which make connection with all parts of the city. Its bath house has all of the modern improvements and the hot water supplied by private pipe line from the Hot Springs Mountain by the U. S. Government, under whose supervision and regulation all baths are given to the guests and outside patrons. Its rooms are large, all outside views, well furnished, and have hot and cold running water, local and long distance telephone, steam heat, electric lights and gas. The dining room is on the office floor, is large, light and airy, and its tables are supplied with the best of everything obtainable.

The social and homelike surroundings will appeal to the patrons of this hotel. This hotel is operated on the American plan in the winter, rates \$15 per week and up. In the summer it is operated on both American and European plans.

Your inspection invited.

The St. Joseph Infirmary

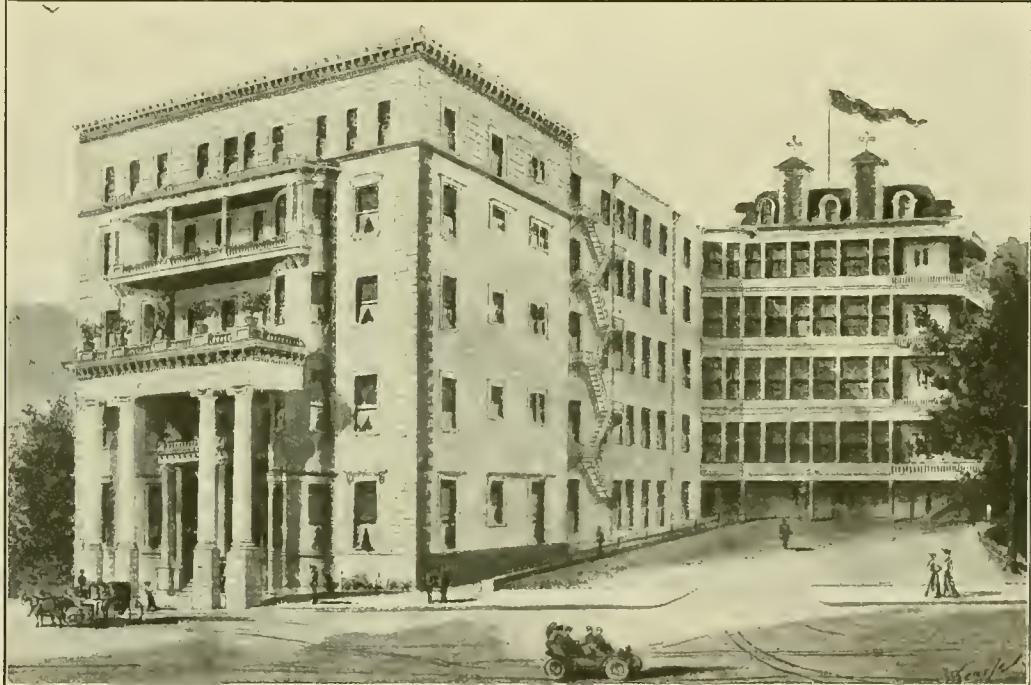
THE St. Joseph Infirmary, conducted by the Sisters of Mercy, was established in this city in 1888. With the passing years and with the number of its patients increasing, it became imperative to provide more extensive quarters in order that the Sisters might be better able to cope with the great work which they had in hand; consequently, in 1903, the present main building, with its handsome bath house, was constructed, with every modern convenience.

The Bath House was built under the supervision of the U. S. Government, and the Hot Springs' waters were, by permission of the Department of the Interior, piped from the Reservation to this bath house. All baths given in the Hot Springs waters are under the regulation of the government. Rates for baths: single bath, 50 cents; 21 baths, \$9.00; attendant's fee, 21 baths, \$3.00; each 15 cents.

The main building is constructed of brick and stone, the interior being finished in oak and marble, with tile floors.

A training-school for nurses is conducted by the Sisters and a large class of trained nurses is maintained.

The management of the Infirmary is ably assisted by a corps of most efficient surgeons, physicians and specialists. The rates are \$15 to \$35 per week, according to accommodations.



The St. Joseph Infirmary (Sanitarium and Bath House).

For further particulars address—

SISTERS OF MERCY,
St. Joseph Infirmary, Hot Springs, Ark.



The New Waukesha Hotel and (Rector) Bath House.

New Waukesha Hotel and Rector Bath House

THE New Waukesha Hotel, which opens about February 1st, has been completely remodeled and refurnished throughout. Every modern convenience has been included, such as telephone in each room, rooms with private bath and toilet. A sun parlor on third floor is connected to U. S. Reservation Park by concrete stairway.

the manager of the New Waukesha Hotel. His many years' experience in the hotel business will make this house a most desirable stopping-place for the discriminating resorter who appreciates the modern conveniences, excellent cuisine and exclusiveness offered by this hotel.

For further particulars, call or write—

NEW WAUKESHA HOTEL,
Walter J. Alden, Manager.

The office and dining room are located on the ground floor. Elevator service and steam-heated hallway connecting with the Rector Bath House, next door, will especially appeal to those taking the baths. The Bath House has also been remodeled and includes all the modern conveniences of an up-to-date bath house.

The hotel is located on Central Avenue opposite the Arlington Hotel and Government Reservation. The Waukesha will be conducted on the American plan.

Walter J. Alden, for many years with the Oriental Hotel of Dallas, Texas, Hotel Vendome, Boston and Brown Palace Hotel, Denver, will be



The
Rocka-
fellow
Hotel
and
Bath
House

The Bath House.—This fine bath house is built upon the site of the old Rockafellow, which was successfully conducted by the late Dr. C. N. Rockafellow. He lived long enough to erect The Rockafellow as his monument. His long experience and wealth enabled him to select the most modern appliances and to arrange for every convenience.

CHARLES A. ROCKAFELLOW, *Manager.*

The Hotel.—This handsome hotel is conducted by E. S. Putnam, the proprietor, upon the American and European plans. The Rockafellow is situated at the junction of Central, Park and Whittington avenues. Rates: European plan, \$5, \$7, \$10.50 per week; American plan, \$12.50, \$15, \$17.50 per week. Elevator and steam heat. Hot and cold running water in all rooms. Within three minutes' walk of the business center. On car line.

E. S. PUTNAM, *Proprietor.*

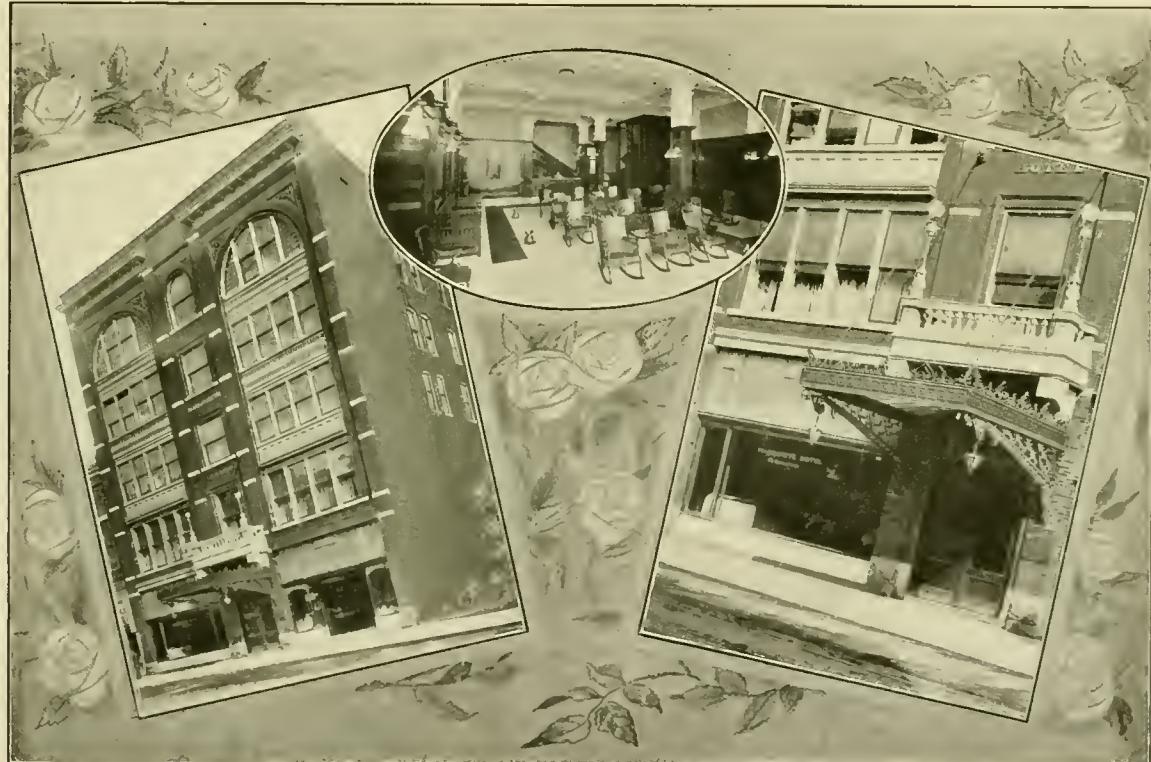


Great Northern Hotel

THIS hotel is now under new management, being conducted by Mrs. J. W. Hutsell, who has many years' experience in the management of hotels in this city. The hotel has hot and cold running water in rooms, steam heat, electric lights and elevator. It is centrally located between the Rock Island and Iron Mountain depots. The Great

Northern is conducted on both the European and American plans. A café is run on the a la carte plan at popular prices. The hotel has been recently refurnished and everything is neat and clean. Your inspection and patronage are respectfully solicited. For further information and rates, address—

GREAT NORTHERN HOTEL,
Mrs. J. W. Hutsell, *Prop.*



The Marquette Hotel.
The Leading Commercial Hotel. European.



McCrary Hotel.

THIS beautifully located hotel occupies one of the most commanding and desirable situations in the city. It is opposite the Eastman Hotel and the Army and Navy Hospital. Only one-half block from Bath House Row and one block from the business center and all places of amusement and city attractions. It is supplied with steam heat and

all modern improvements, including hot and cold running water, is nicely furnished, and has always borne an unquestionable reputation in all respects.

Rates, on the American plan, \$7.00 per week and up.

McCRARY & GATES, Managers.



The St. Charles

THIS house has, until recently, been known as the Jones House, but for many years previous it was the Hotel Hay, having been built by the father of Lyman T. Hay, manager of the Arlington and Eastman hotels. It is very pleasantly situated upon Park Avenue, a short distance above its junction with Central and Washington avenues, immediately adjoining the Majestic Hotel and Bath House.

Mr. H. Dougherty has purchased this valuable property and has so improved it in various ways, besides changing its name, that it seems like a brand new house.

The hotel is detached from any buildings adjoining, affording free ventilation and a lovely view of the fine mountain scenery.

Electric cars pass the doors, leading to all parts of the city; in fact, this locality is considered one of the best in the valley, because it is convenient and healthful.

The house is provided with hot and cold water on each floor, steam heat, elevator, electric bells, lights and all modern conveniences.

The St. Charles, being managed by its owner, offers a substantial guaranty that it will be conducted in such a manner as to give full satisfaction to its guests, thereby increasing the reputation of the hotel and the value of this property.

Season rates, \$10.50 to \$17.50 per week, according to location of room and whether occupied by one or two guests. Special summer rates.

The house is run upon the American plan and open all the year.

II. DOUGHERTY, *Owner and Proprietor.*





The Eddy.

The Eddy

THE Eddy is a new five-story stone and brick building, and combines safety, comfort and economy with very pleasant surroundings. It is located on Exchange Street, in the same block as the Arkansas National Bank. This is the geographic center of Hot Springs: the banks, the telegraph offices, office of the Superintendent of the United States Reservation, Army and Navy Hospital, Bath House Row,—all being situated within a radius of one block of the Eddy.

The entire house is heated by steam. The most up-to-date sanitary plumbing is used throughout. The rooms are equipped with porcelain lavatories with hot and cold water; toilet and bath rooms are on every floor. There are sun parlors on each floor, enclosed in glass.

It offers its room service on the European plan only. Room rates from \$5 per week and up. Rooms can be engaged single or en suite.

The Eddy Annex offers suites of modern light-housekeeping rooms, which are conducted by Mrs. Eddy and under the same management. A first-class café is operated in connection with the hotel, making it very convenient for guests.

Under the management of Mrs. I. M. Eddy.
THE EDDY HOTEL, Hot Springs, Ark.



New Sigler Apartments.

The New Sigler Apartments

Corner of Ouachita Avenue and Orange Street

Furnished in suites up to four rooms for light housekeeping. Finest location. Stores and bath houses at hand. Modern necessities that make to smooth out the wrinkles of this strenuous life, such as, ele-

vator service, vacuum system, steam heat, electricity, gas, hot and cold running water, private baths in nearly every apartment, etc. Rates, \$25 per month up.

For further information, call or write—

F. M. SIGLER, *Owner and Proprietor*,
Corner Ouachita Avenue and Orange Street, Hot Springs, Ark.



Quella Apartments

The Quella Apartments are located on Park Avenue, one of Hot Springs' most beautiful residence streets, still convenient to the bath houses, which are one block away. The apartments are elegantly furnished and have hot and cold running water. Several have sleeping porches in connection. There are also single rooms to be had, which

are both modern and nicely furnished. The Quella is owned and conducted by Mrs. J. W. Hutsell, who for many years conducted the Goddard Hotel. The rates are reasonable, both as to the apartments and furnished rooms. For further information, call or write—

THE QUELLA APARTMENTS,
Mrs. J. W. Hutsell, *Owner and Proprietress*,
308 Park Ave., Hot Springs, Ark.



The Plaza Apartments.

The Plaza Apartments

THE Plaza Apartments just erected by Mrs. Minnie F. Green are most beautifully located at 610 Reserve Ave., directly opposite the U. S. Superintendent's residence, and only three blocks from the bath houses and center of the city.

The Plaza is strictly modern and nicely furnished. The rooms are arranged in two- or three-room suites for housekeeping, and single furnished rooms are also to be had. To the visitors desiring to keep house while in the city, the Plaza offers every convenience and comfort. Stationary wash-stands and hot and cold running water. The owner and proprietress, Mrs. Green, has been identified for many years with the hotel business at 620½ Central Ave.

For further information call or write—

THE PLAZA APARTMENTS,
Mrs. Minnie F. Green, Owner,
610 Reserve Ave., Hot Springs, Ark.

Telephone 954.



Whipkey Apartments and Furnished Cottages.

Whipkey Apartments and Furnished Cottages

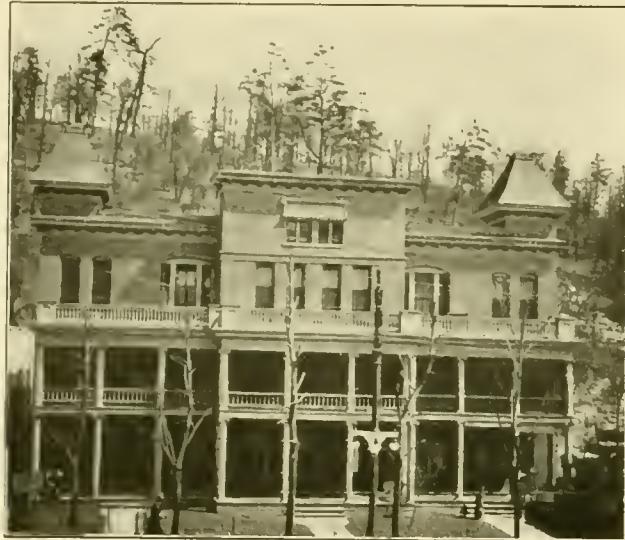
THESE Apartments are located on Park Avenue and upon a fine terraced lot with flowers and shade trees. The Apartments have gas, electric lights and water; are arranged in one- to five-room suites; rates from \$10 per month up. Furnished rooms are also to be had at reasonable rates. Furnished cottages are operated by the owners of the apartments, from \$15 up per month.

Mr. and Mrs. H. S. Whipkey, the owners and proprietors, look after and give personal attention to their tenants. Take Park Avenue street car.

For further particulars call or write—

H. S. WHIPKEY, Prop.,
602 Park Ave.

Telephone 13.



Hotel Maurice.

Hotel Maurice

This hotel is located opposite the Majestic Hotel, on Park Avenue, and convenient to two bath houses. It has been refurnished and remodeled, with modern conveniences, hot and cold water, steam heat, etc. The hotel is conducted on both the American and the European plan. Rates: American plan, \$9 to \$12 per week; European plan, \$3 to \$7 per week. Phone 1570.

MRS. M. D. BRADY, *Prop.*



Ferguson House

This popular house is now located at 621 Park Ave., and is still conducted by Mrs. Ferguson, who has an ideal place, with everything new and clean. Modern conveniences. Rooms with or without board. Rates reasonable.

MRS. C. N. FERGUSON, *Prop.*,
621 Park Ave., Hot Springs, Ark.

The Lester House

This Hotel is located on a high elevation at 126 Arbor St., just a block from bath houses and street-car line. It has all modern conveniences, steam heat, electric lights, and a fine well of water. The Lester House is conducted on both the American and European plans, rates being as follows: American plan, \$8 and up; European plan, \$3 and up.

Telephone 2131.

LEO LESTER, *Owner and Prop.*,
126 Arbor St., Hot Springs, Ark.

The Keeley Institute

THE Hot Springs Keeley Institute was established in this city in 1891, and is the only institute of its kind in the State. It has the sole and exclusive right for Arkansas to administer Dr. Leslie E. Keeley's treatment for the liquor, opium or morphine, cocaine and tobacco addictions and neurasthenia. The treatment and remedies given are the same as at Dwight, Ill., while patients have the advantage of the famous Hot Springs baths.

Accommodations are provided in the house for the rooming and boarding of such patients as it may seem advisable to have directly under the care of the physician in charge.

This institute should not be classed or confused with the various so-called "liquor or drug cures" that have sprung up from time to time in Hot Springs. During its twenty-two years' establishment here this institution has won for itself a reputation for thorough reliability and the highest efficacy in its special line of work. Anyone having dealings with it may be assured of fair and honest treatment. Method of advertising always conservative, never indulging in so-called yellow or fakish methods of reaching the public.

Terms for treatment, board, etc., will be given upon appli-



The Keeley Institute.

cation. All correspondence confidential. Address either the Keeley Institute or Manager Dr. J. C. Whitacre, 421 Park Ave., Hot Springs, Ark.



Living-
ston's
Hospital
Medical
and
Surgical

LIVINGSTON'S HOSPITAL is located at 741 Park Ave. The capacity is fifteen beds. The operating room and entire hospital are equipped with modern furniture, stationary wash-stands and hot and cold running water. Graduated nurses in attendance. Rates: \$10 to \$25 per week, including board, room, general nursing.

Park Avenue street car passes the door. For further information, call or write—

LIVINGSTON'S HOSPITAL,
741 Park Ave.,
Hot Springs, Ark.

DEMAND EFFICIENCY

It is an established truth that

Little Mountain Iron Water

As an Alterative, Tonic, Diuretic and Eliminant

Is of Unquestioned Value

This splendid Mineral Water, bubbling forth well up the mountain side, has justly earned the enthusiastic endorsement of both physician and patient. The range of usefulness enjoyed by Little Mountain Iron Water is unusually wide; it being not only of proven efficiency as an aid in the treatment of many affections of the kidneys, liver, heart and blood-vessels, but it is also of service in the amelioration of stomach and bowel troubles, and as an Eliminant is useful in the treatment of rheumatism and gout. Its powerful tonic and alterative properties are promptly manifested in the debilitated and those who have been overtaxed by the demands of modern business and social life.

Within the city limits of Hot Springs a large bottle of Little Mountain Iron Water is delivered daily for One Dollar per week. To those wishing to continue the use of the water after returning home, and to those unfortunately unable to visit this great health resort, we quote the following prices, F. O. B. Hot Springs:

5-Gallon Glass Demijohn	...\$2.00	10-Gallon Barrel\$3.50
Two 5-Gallon Glass Demi-		26-Gallon Barrel 6.00

johns 3.50

When containers are returned promptly and in good order, we will pay: for Demijohn, One Dollar; for Ten-Gallon Barrel, Two Dollars; for Twenty-Six-Gallon Barrel, Three Dollars.

All orders and communications should be addressed to City Office, LITTLE MOUNTAIN SPRINGS,

John M. Fewkes, Mgr.,

Phone 1349. 71½ Central Ave., Hot Springs, Ark.



Arsenic Springs

THIS well-known spring is located at 237 Mt. Ida St., in the north end of the city, and has for many years enjoyed a most liberal patronage, both at the springs and in the city, while many have the water shipped to their homes after leaving. The lessees, Messrs. George and Ed. Jamison, have been identified with the Arsenic Springs for years and with great success.

The water enjoys the reputation of being very beneficial in diseases of the kidneys, bladder, diabetes and rheumatism. It dissolves uric acid and drives out malaria. Its action on the urinary tract is pacific, and as a diuretic it has no equal, containing, as it does, in Nature's form, Arsenic, a most powerful tonic and alterative.

This water is delivered to all parts of the city for \$1 per week. The prices for out-of-town shipments are as follows:

10-Gallon Barrel\$3.50	26-Gallon Barrel\$6.00
5-Gallon Glass Demijohn	... 2.00	Two 5-Gallon Demijohns	... 3.50

On the return of empties, the following rebate is allowed: On the 10-gal. bbl., \$2; on the five-gal. demijohn, \$1; on the 26-gal. bbl., \$3.

A commodious spring house has been erected at the spring to accommodate the many patrons who visit this health-giving water.

For further particulars, call or write—

THE ARSENIC SPRING, Jamison & Smith, Lessees,
Telephone 460. 237 Mt. Ida St., Hot Springs, Ark.
City Office, 366 Central Ave.



Interior View.

W. G. Maurice, Pres.

De Soto Spring Pavilion.

W. E. Shanahan, Mgr.



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Camps "NOMINIGAN" and "MINNESING" offer
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Four Daily Trains from St. Louis

Four from Texarkana—two from Memphis

Pullman Compartment and Standard Sleeping Cars and *Superb Dining Car Service, meals a la carte, on all through trains.*

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Fast trains, fine Roadbed and courteous employees assure you a service that will please in every respect. Get handsomely printed and illustrated Hot Springs book.

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Direct Connection is made at St. Louis. Through Sleeping Cars from Chicago to Hot Springs, Ark.

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The Eastman Hotel and Bath House.